




Labuan St, Puckapunyal
Phone: 03 – 5735 7719

 www.puckacomunity.org.au

 www.facebook.com/thePDNC



manager@puckacomunity.org.au

OFFICE HOURS: Monday – Friday
9:15AM – 3:00PM

*The PDNC is a positive and friendly Community Centre, come in to meet Deb and become a member. You are welcome to pop in, make yourself a coffee and take advantage of the facilities available any time the centre is open. Get involved in the community or just come in and sign up for some programs.
Like our Facebook page so you can keep up to date with what's on offer.*

CURRENT PROGRAMS (Subject to change depending on demand)

**You need to be a paid PDNC member to attend these programs*

LEGO CLUB

Every Tuesday from 3.45pm – 5pm at the PDNC building.
Cost: \$4 per child. This includes a light afternoon tea.

Great for primary school aged children to come together and explore their creativity with our Lego supplies.

ART ATTACK

Every Thursday from 4pm-5pm at the PDNC building.
Cost: \$4 per child. This includes a light afternoon tea.

Great for primary school aged children to come together and explore their creativity with our Art supplies.

ADULT ART CLASS

Every Friday Morning from 9.30am to 12pm with Alison at the PDNC. Cost \$15.00
Lots of different styles explored. Can cater for beginners to more experienced.
Some weekend Classes offered also subject to availability.

MUMS SUPPORT GROUP

Every Monday at 11:30am at the PDNC building
Every 2nd Wednesday (OFF pay week) at 11:30am at the PDNC building

Great way to make new friends and get together. Have a coffee and catch up with other mums, new mums and their babies for friendship, support, information and sharing.

RHYME TIME

Every 2nd Wednesday (ON pay week) at 11:30am at the PDNC building

*A great opportunity for those with small children to come along and enjoy singing and rhymes.
This program is provided by the Mitchel Shire Library Services.*

TUMBLE TOTS

Every Tuesday and Thursday from 10am – 12pm at the Area Gym (basketball court)
Cost: \$2 per participating child

Come along to this kinder gym activity. There is always lots of fun and action for you and your child.

TOY LIBRARY

Every Thursday and Saturday Morning from 9:30am – 11am
MEMBERSHIP IS FREE!!

Offering a great range of toys, puzzles & snow gear for you to borrow. Come down and have a look.

LITTLE FOOTSTEPS OCCASIONAL CARE

Monday –Friday from 9:30am – 2:30pm

Cost:\$60.00 Child Care Subsidy can be applied for through Centrelink

*Friendly, caring, activity based child care program for pre-schoolers (0 - 6years). **Bookings essential***

DONOVAN JOYNT (DJ'S)

Every Friday from 5 - 7pm (Primary School children) and 7 – 10pm (High School children)

At the DJs building (Hexagonal Building on corner of Bardia Blvd & Tobruk Rd)

Cost: Gold coin per family

A safe place for school aged children to hang out, listen to music, play computer, Xbox & Wii games, have a game of pool or have a dance. Drinks & snacks available to purchase.

We welcome any new volunteers, without you we cannot run this program!!

KARATE

Wednesdays at the Area Gym (basketball court)

Cubs 3-6yr olds 5 – 5:30pm

Tigers 6-9yr olds 5:30 – 6pm

Panthers Mixed Ages/Adults 6:15 – 7:15pm

First session is free. Please contact the centre for weekly or term prices.

SWIMMING LESSONS

at the Area Gym Pool

Days and times to be confirmed based on Numbers

Cost: \$13 per lesson (paid in a term block to PDNC) ****Bookings Essential****

Please contact Strath Creek Swim School 0417 550652

KONGA

Come and have some fun with this dance workout!

Thursday 6:00pm in the DJ's building

Cost \$8 – First class is free

ZUMBA

Come and get your sweat on with Erin at the Dj's Building on Tuesday Nights at 7pm. Cost \$10

PILATES

Pilates Exercises on Saturday Mornings at the PDNC at 7:45am (Child Free). Cost \$11

(Child friendly) Thursday Mornings at the PDNC at 10am. Cost \$11

YOGA

Monday and Wednesdays evenings at the PDNC

****TBA TIMES AND START DATE****

WALKING GROUP

Come and join us for a walk around Pucka, everyone is welcome including kids and prams.

Wednesdays at 9:30am departing from the PDNC.

****TBA****

TENNIS

Social Tennis will run if Interest. ****TBA****

Tennis Lessons will be offered in 2020 on a Thursday afternoon ****TBA****

OP SHOP

Every Thursday from 9:30am – 1:30pm

Thursday evening (during daylight savings) 5pm – 7pm

Every Saturday from 9:30am – 11:30am

Come in and grab a bargain. Fill a bag of clothes for just \$5.00. Lots of Stock!

Op Shop is run by Volunteers, If you would like to donate some of your time and go on a roster please contact the PDNC

MUMS WORKING SPACE

Monday – Thursday from 9:30am to 2:30pm in the PDNC Building

*** Bookings Essential***

Why not put the kids into care & come and use the facilities of the Mums Working Space Office to study, complete assignments or any other project you can't get done while at home. Bring your own lap top and use the PDNC Wi-Fi and printer

LADIES NIGHT

Cost: FREE (PDNC members) or \$5 (non PDNC members)

Follow us on Facebook to see our upcoming events

Come along to the monthly CHILD FREE (except newborns) Ladies Night. This event is held every 4-6 weeks for ALL LADIES within the Puckapunyal Community. Join in on a night full of laughter, fun, drinks & snacks.

SEWING CLASSES

Thursday evenings from 6pm at the PDNC

****DETAILS STILL TBA****

MODEL RAILWAY

Wednesdays from 7pm to 10pm

Located at the Area Theatre

If you would like information or to get involved, please contact Brian on 0419370405

MENS SHED

Every Tuesday & Thursday from 6 – 9pm located near Puckapunyal Health Centre.

Saturday – BY REQUEST ONLY

The Shed contains a fully equipped workshop. Work on your own or help out with community projects. Learn from the experts or share your skills. LADIES welcome.

<https://puckapunyalmenshed.wordpress.com/>

For more information, please contact Barry Johnson on 5735 6482

PUCKA WARGAMING GROUP

Strategic Tabletop Battle Game

Every Tuesday at the PDNC from 6pm

Monthly weekend meets dates TBA

Cost: Gold Coin Donation

Soft Drinks available for purchase

Please Note that's children under the age of 14 need to be supervised by an adult.

PUCKA PANTRY

The Pucka Food Pantry is a free food service for everyone in the community.

Whether you're posting in and need a few items to get you through or you've forgotten an item from the supermarket to complete a meal.

Simply come down to the PDNC and check out our "Pantry" and take what you need.

WORKSHOPS

These workshops run a different times throughout the year depending on community interest. Please Like and Follow our Facebook page for all the latest information.

FIRST AID AND RESPONSIBLE SERVICE OF ALCOHOL COURSE

First aid and RSA courses delivered to the community
Our 1st First Aid Course will be running on the 23rd February

Subject to demand

SPECIAL NEEDS SUPPORT GROUP

Meeting times TBA

This group provides support, information, assistance and advocacy for all ADF families who have a dependant (child, spouse or other dependant) with special needs. Including families who have a child living with a disability, development delay or has additional needs. It provides information about services which could assist you and your family. Come along for morning tea, coffee & a chat with parents who are in a similar situation.

Dependants DO NOT have to be officially recognised as special needs for you to come along.

COMMUNITY MORNING TEA

3rd Thursday of every month at 10am at the PDNC building

Morning tea provided for the Community for all who wish to catch up for cake, coffee and a chat. Very casual relaxed get together. Great way to come along and meet some new families and catch up with existing friends.

We are always looking for new ideas for programs to benefit the Community. If you have an idea, skill or talent that you would like to share, please pop in and let us know.